



A Pakistani mixed martial artist named Asim Khan has qualified for the **MMA Championship** finals. Asim Khan advanced to the final by defeating the Thai fighter in the semifinals. In the first round, Asim Khan defeated Hevish Reddy of India. In the 61 kg final, Asim Khan will square off against Musab Yernaz of Kazakhstan. Asim Khan will compete tomorrow to claim the title.

He missed the remaining fights in the 2021 championship because of an injury. In Pattaya, Thailand, the Mixed Martial Arts Championship 2022 will go on till November 13. In the Asian Pacific MMA Championship, Pakistan's Shahzeb successfully defended his championship.

Shahzeb, a well-known mixed martial artist from Pakistan, defeated Prateek Sadashiv of India to retain his Asian championship. In the competition, Pakistan is represented by Liaquat Ali, Asim Khan, and Hamza Khan.

## MMA Championship?

Mixed martial arts, or MMA for short, is a hybrid combat sport that combines elements of boxing, wrestling, judo, jujitsu, karate, Muay Thai (Thai boxing), and other sports. Although MMA was at first criticized as a vicious blood sport without regulations, it eventually lost its reputation for no-holds-barred combat and became one of the fastest-growing spectator sports in the early 21st century. All 50 states in the United States as well as numerous other nations sanction MMA events.

### Origin of MMA

When pankration the martial arts training of the Greek armies was regarded as the fighting sport of ancient Greece, it is thought that mixed martial arts first appeared at the ancient **Olympic Games** in 648 BCE. The vicious match included street fighting, boxing, and wrestling. Only biting and eye gouging were prohibited; striking and kicking a grounded opponent were permitted. When one of the competitors conceded defeat or became unconscious, the match was over. Some athletes have passed away while competing. The ancient Olympics' pankration became one of the most well-liked competitions.

After the Gracie family began to advertise its renowned Brazilian jujitsu in the United States in the 1990s, MMA first captured the interest of many in North America. Royce Gracie, a descendant of Helio, represented the family at Denver, Colorado's 1993 UFC 1 competition. The Ultimate Fighting Championship (UFC), which rose to become the top promoter of MMA events, was the company to which the name referred.

## **Renowned female fighter**

American Ronda Rousey, who won a bronze medal in judo at the 2008 Olympic Games in Beijing before beginning her MMA career in 2011, was the most renowned female fighter. Until 2015, when she unexpectedly lost to fellow countrywoman Holly Holm in UFC 193, she had a perfect record. One of the best-selling pay-per-view events in UFC history, the fight brought in 1.1 million subscribers.

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